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**Daily Bulletin: Friday February 2, 2024**

1 message

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**Daily Bulletin:  
Friday February 2, 2024  
A Day**

7:30 - 8:25 Zero Period  
8:30 - 10:25 Period 1  
10:25 - 10:35 Nutrition  
10:40 - 12:45 Period 2  
12:45 - 1:15 Lunch  
1:20 - 3:15 Period 3

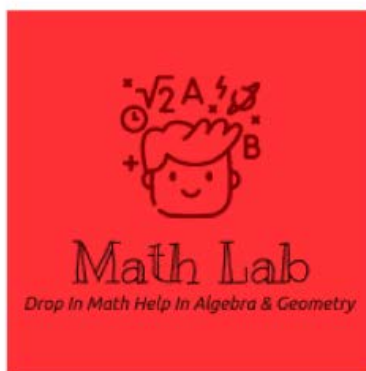
Please click on the link here: [A/B Cal & Bells](#)



**WHO WANTS  
TO BUY A  
YEARBOOK?**

**Don't miss out  
on the moments of 2023-24!  
Purchase your yearbook online  
\$150 until February 15th.  
Price goes up to \$175  
Jostens [Link](#) for Purchase**

**Math Lab is a free tutoring program for students in Algebra and Geometry on Mondays and Tuesdays at lunch in room 407. Come get help from amazing peer tutors a every Monday and Tuesday all semester.**



# **PVHS Math Lab**

**Mondays and Tuesdays in Room 407**

Drop in Algebra and Geometry help at lunch with PVHS Peer Tutors

Don't miss this great opportunity for some extra help in your math class....  
(and some great snacks!)

**\*\*Get 8 stamps for coming this quarter and be entered into our drawing in March\*\***

### **3<sup>rd</sup> Quarter Dates**

**1/22 and 1/23**

**1/29 and 1/30**

**2/5 and 2/6**

**2/12 and 2/13**

**2/20 only**

**2/26 and 2/27**

**3/4 and 3/5**

**3/11 and 3/12**

**3/18 and 3/19**



**Valentine's  
SALE**

**Buy Two Flannel Pajama Pants for \$50  
One for You and One for Your Valentine !**

**On Sale 16 January thru 13 February  
Order online via the live link below**

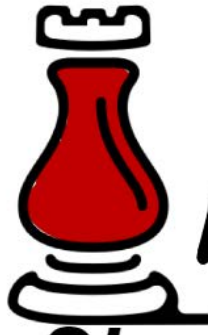
**And remember PVHS PTSA invests all proceeds in  
your PVHS campus and classrooms !**

## **ORDER LINK**

**The annual PVHS Chess Tournament begins next week. Sign up in the library by this Friday, Feb 2. All games are played at lunch. Let us know if/when you have sports conflicts. 32 slots are open. First come first served.**

# PVHS Chess Tournament

16 Player Single Elimination Bracket @ Lunch



*in the library*

*Starts  
Monday*

**Feb 5**

***Sign up now!***

**90's THERAPY THROWBACK FT. "BOY MEETS WORLD"**

**Wednesdays @ Lunch in the Wellness Center**

**Sign Up in the Counseling Office by 2/7/2024**

**February 14- March 27, 2024**

**Join Your PVHS SAGE Therapists for Weekly Episodes,  
Discussions, and Popcorn**

# 90's Therapy Throwback with PVHS Sage Therapists



Wednesdays at Lunch in the Wellness Center  
February 14th-March 27th  
Sign Up in the Counseling Office



COUNSELING

Scheduling for the 2024-2025 School Year

- Please identify the letter emailed by our Associate Principal, Mr. Ito with the information you need to select your student's classes for the 2024-2025 school year.
- The window to complete course requests is between January 22-February 4.
- Students will meet with their counselor one-on-one during English classes on the following dates:
  - Current Juniors: February 5-7
  - Current Sophomores: February 13-15
  - Current Freshmen: February 20, 21, & 23
- You may find information to assist you in the scheduling process on the school website on the Counseling tab under Scheduling.

**MID-YEAR**  
**MID-YEAR**  
**MID-YEAR**  
**MID-YEAR**  
**MID-YEAR**

**SENIOR CLASS OF 2024  
ORDER YOUR  
MID-YEAR TRANSCRIPT!**

## Attention Senior Class of 2024:

As you begin to hear from colleges you've applied to, they may be requesting a *Mid-Year transcript*. These are your grades from this past fall semester. You will need to order these on Scribbles and may find the link here: <https://pvpusdca.scribborder.com/applicationCurrent>.

Your counselor will begin to send these once grades are finalized and transcripts have been reviewed.

**Not sure if you need to have a mid-year transcript sent? Check your application portals and emails. Do not miss this important information. Come see your counselor with any questions you have or help you may need.**



## Sophomore Class of 2026

The opportunity for your family to attend a presentation with the PVHS counselors is coming up on Wednesday, February 7 at 8:30am in the MPR or 5:30pm via Webinar. You only need to attend one as the same information will be covered at both.



Second semester of sophomore year is a pivotal time in high school to begin thinking about postsecondary planning and beginning the steps toward that. Together with your counselor, you will participate in a 15-minute meeting should you choose to sign up for one to discuss your student's four-year plan, postsecondary options, introduction to college and career planning, as well as answer any questions your family may have. The ability to sign up for an appointment will be made available after the 5:30pm Webinar.

Please register for the 8:30am IN PERSON presentation here:

[Link Here](#)

Please register for the 5:30pm WEBINAR here:

[Link Here](#)



**JUNIOR**  
*Jumpstart*

**FREE**

A NEW OPPORTUNITY FOR PVHS SEA KINGS STARTING THIS SPRING. EXPLORE YOUR FUTURE WITH MONTHLY WORKSHOPS IN COLLABORATION BETWEEN THE COLLEGE & CAREER CENTER AND PVHS COUNSELING TEAM.

PLAN STEP BY STEP AS YOU PREPARE FOR LIFE AFTER HIGH SCHOOL - **ONCE MONTHLY SESSIONS**

**February 20**  
*Building Your Resume:* Learn all the things you need to know to create a tailored resume for a job, internship, volunteer or college application.  
Audience: Students only  
Time: 5:30 PM | Location: Webinar

**March 19**  
*Digital Fluency:* Achieve an understanding how to effectively use social media and technology tools.  
Audience: Students only  
Time: 5:30 PM | Location: Webinar

**April 10**  
*Summer Kickoff:* Prepare for your last summer before senior year and post-secondary plans.  
Audience: Students and parents  
Time: 8:30 AM & 5:30 PM | Location: In-person (AM) & Webinar (PM)

**SPACE IS LIMITED.  
STUDENTS WHO REGISTER SHOULD PLAN TO ATTEND ALL 3 SESSIONS.  
NO MAKEUP SESSIONS WILL BE OFFERED.  
REGISTER HERE FOR THE FIRST EVENT.**

<https://calendly.com/pvhs-counseling/junior-jumpstart-building-your-resume-webinar>

A new opportunity for current Juniors this semester allows students to explore their future with monthly workshops in collaboration between the CCC and Counseling Department.

The first workshop will take place on Tuesday, February 20, **Building Your Resume**: Learn all the things you need to know to create a tailored resume for a job, internship, volunteer or college application. Please register for the 5:30pm webinar here: [LINK](#)



**COLLEGE CAREER CENTER UPDATES & EVENTS:**

**CLASS OF 2024:** PLEASE [READ THIS IMPORTANT INFORMATION](#) REGARDING DELAY IN FAFSA INFORMATION BEING REPORTED TO INSTITUTIONS & MORE INFO FOR THE SENIOR CLASS

**[Sign up for a FREE practice SAT - FEBRUARY 2024!](#)**

The Palos Verdes High School College Career Center has partnered with Compass Education to offer at-home, computer-proctored [Digital Adaptive SAT](#) and [ACT](#) practice tests at no cost through [Compass' Online Testing Center](#). The [Digital Adaptive SAT](#) will give students the opportunity to experience the new format of the test. A practice SAT provides our students with just that... practice before taking a college entrance exam!

**[CLICK HERE TO REGISTER](#)**

**Dates/Times:**

- At-Home Online Testing Center SAT – available anytime between Feb. 23-25 (linear, mirrors paper/pencil version) – **AVAILABLE TO ALL GRADES**

**Deadline to REGISTER is one week before the administration!**

**[IMPORTANT INFORMATION FOR SENIORS/PARENTS OF SENIORS](#)**

You can apply [HERE](#). Class of 2024 students & parents should read the following information from the U.S. Department of Education/Student Financial Aid: [6 Things Students/Parents Need Before They Fill Out the 2024–25 FAFSA® Form](#) . An FSA ID must be obtained before starting the FAFSA. [Create your FSA ID now. CLICK HERE to create an FSA ID.](#) Find out [if your parent\(s\) will need to be contributors](#). If your parent(s) need to contribute to your form, make sure EACH contributor creates their own FSA ID.

**[SCHOLARSHIP OPPORTUNITIES and DEADLINES:](#)**

**FEBRUARY 5 - ELK'S LEGACY AWARD (\$4,000)** – seniors only; any child/grandchild of a living Elk who joined the order on or before April 1, 2020, is eligible to apply. Candidates who qualify are judged on knowledge, charity, community service, and integrity.

**FEBRUARY 28 – LOS ANGELES MILITARY CHARITABLE FUND SCHOLARSHIP (Varies)** – seniors only; must be a child of an active, retired service member or current or retired Dept. of Defense employee; awarded on academic performance, extracurricular activities, demonstrated leadership, and applicant's character.

**FEBRUARY 29 – MARY P. WYATT SCHOLARSHIP (\$865)** – PVHS seniors only; min 3.0 GPA; demonstrates financial need; actively helps others.

**MARCH 1 – SONS OF ITALY SCHOLARSHIP (\$500 - \$5,000)** – seniors only; must be wholly or partially of Italian Descent; selection based on scholastic record, activities evidencing leadership, financial need, written personal goals statement, essay of Italian Origin, and letters of recommendation.

**MARCH 7 – PERRAULT FAMILY SCHOLARSHIP (\$930)** - awarded to a senior, male or female, who has been a member of the PVHS Varsity Soccer Team during their senior year. Criteria includes leadership, commitment to the sport and academic achievement. Preference given to soccer players who have played defensive positions.

**MARCH 20 – PV PENINSULA LIONS CLUB (\$500 - \$1,000)** - seniors only; consideration will be given to academic achievement (min. GPA of 3.0), service to others, leadership, financial need and a strong desire/plan for further education/professional focus.

**MARCH 22 – SUSAN PAVELKA SCHOLARSHIP FOR JOURNALISTIC EXCELLENCE (\$500)** - for a college-bound senior who has participated and excelled in PVHS journalism. Candidates are eligible to apply after fulfilling a minimum of two consecutive years as a leader/writer in one or more of these journalism programs: yearbook, literary magazine, newspaper, podcast or broadcast news.

**APRIL 1 – SOUTH BAY JAPANESE AMERICAN CITIZEN LEAGUE**  
(Varies) – Scholarships are open to all high school seniors of Japanese American ancestry residing in the South Bay JAACL Chapter area and a member of the JAACL. Students are required to fill out only one application for the scholarships listed below. The committee will select the recipients for each of the scholarships based upon the requirements:

- Kiichi Egashira Memorial Scholarship - for students pursuing a bachelor's degree in physical and biological sciences, engineering/mathematics.
- Janice Kobata Zoeger Memorial Scholarship - for students in pursuit of a bachelor's in any field of study relating to biological sciences, foreign and/or ancient language or business.
- Ernest K. Tsujimoto Memorial Scholarship - for students in pursuit of an undergraduate degree majoring in the STEM fields.

- Gardena Valley Japanese American Citizens League Scholarship - for students pursuing a bachelor's degree in any field of study.
- David & Lily Nakatani Scholarships - for high school seniors planning to attend a college or university in pursuit of a bachelor's degree majoring in the STEM fields: Science, Technology, Engineering, or Math

## ***Strive* Scholarship** Peninsula Chapter of NCL

We are now accepting applications for the ***Strive*** Scholarship through the Peninsula Chapter of NCL for the 2024 -2025 academic year!

### Criteria

- \* Financial need
- \* Academic performance and potential (minimum GPA 3.0)
- \* Extra-curricular activities
- \* Service activities
- \* Work experience

Scholarship Awards typically range from \$1,000 - \$3,000 per year for four years if students maintain eligibility.

\*See your counselor for an application and details.

**Applications due Friday, March 8, 2024.**

Applications can be emailed or mailed to:

Strive Scholarship Chair, Peninsula Chapter  
P.O. Box 3342  
Rolling Hills Estates, CA 90274  
**OR**  
scholarship.ncl.peninsula@gmail.com



Strive NCL Scholarship is not affiliated with PVPUSD

# Showcase your talent and WIN!



## High-School Arts competition:

- ART** 2 or 3 dimensional  
**DANCE** any style, single/ensemble 1-3 minutes  
**SPEECH** "Doing Good in the World", 4-6 minutes  
**MUSIC (Vocal)** any style, single or ensemble, 1-3 min  
**MUSIC (Instrumental)** any style, single/ensemble 1-6 min

**First Prize wins \$1,000, Second \$500, Third \$250**

Two -Step competition: First at the Granada Hills Rotary Club, at Porter Valley Country Club at Tampa & Rinaldi. Winners go on to Rotary District - **Saturday April 13, 2024. Location To Be Determined.**

**Applications must be submitted by February 28<sup>th</sup>**

**For details, contact:**

**PUT YOUR CLUB'S CONTACT INFO HERE, SIMILAR TO BELOW**

Agnes Lewis, District Chair, Pageant of the Arts  
818-804-0095, [allewis7@gmail.com](mailto:allewis7@gmail.com)



This is not related to, sponsored by, or endorsed by the Palos Verdes Peninsula Unified School District.

# SCHEDULE CHANGE!



## CHALLENGERS BASKETBALL VOLUNTEERS

CANCEL 4 February

ADD 25 February

All sessions now 1:00 - 2:00  
Peninsula High School Kelly Field House Gym

### JANUARY

8 ✓

14 ✓

21

28

### FEBRUARY

~~X~~ *cancel*

11

18

25 *add*

## NEW VOLUNTEERS WELCOME!

Show up any Sunday 5-10 minutes before 1:00.  
Just sign in and let us know if it's your first time.





**TED LIEU**  
CONGRESSMAN *for* CALIFORNIA'S 36TH DISTRICT



Please join us for the annual bipartisan, multi-district

## SERVICE ACADEMY DAY

Hosted by the Office of Congressman Ted Lieu

Saturday, February 3, 2024

1:00-4:00 PM, via Zoom

[Please register here](#)

Students, parents, and educators are welcome!

We invite you to listen to speakers from the U.S. Air Force Academy, U.S. Military Academy, U.S. Naval Academy, U.S. Coast Guard Academy, U.S. Merchant Marine Academy, parents, current attendees, and alumni from the Service Academies. In addition to a wonderful speaking program, representatives from Southern California Congressional Offices will be available to answer all of your Academy-related questions!

Questions: Aurelia Friedman and Karen Calderon  
(323) 651 - 1040

[ServiceAcademyNOM.Lieu@mail.house.gov](mailto:ServiceAcademyNOM.Lieu@mail.house.gov)

More info: <https://lieu.house.gov/services/military-academy-nominations>

Printed In-House

## Zoom Link

### Attention Students:

Are you interested in becoming a nurse, doctor, dentist, surgeon, paramedic, firefighter, physical therapist, veterinarian or any type of medical professional? Learn valuable skills in SoCal ROC Health Science courses that can help you jump start your career! Choose from the following courses:

- Anatomy & Medical Terminology
- Dental Assisting - prerequisite for Dental Career Prep, which leads to certification

- **Emergency First Responder** - prerequisite for EMT, which leads to certification
- **Intro to Alternative Medicine**
- **Health Unit Coordinator & EKG Technician** (must be 17 1/2) - leads to certification
- **Pet Health & Grooming**
- **Physical Therapy Aide**
- **Sterile Processing Distribution Technician** (must be 17 1/2) - leads to certification.
- **Veterinary Assistant**
- 

**Earn high school A-G approved credits, while learning valuable skills that prepare you for college and/or an entry-level career! Courses are after school and FREE for high school students! We also offer free transportation to and from SoCal ROC. Add your name to the sign-up sheet in your Counseling Office to meet with your SoCal ROC career guidance specialist or contact her at [rpcontreras@scroc.k12.ca.us](mailto:rpcontreras@scroc.k12.ca.us) or 310-224-4240 for more information ASAP!**



SoCAL  
ROC



# GET A JUMPSTART ON YOUR FUTURE *at SoCal ROC*

## SCHOOL OF HEALTH SCIENCES



### Patient Care Pathway

- Certified Medical Assisting (Adult)
- Medical Assisting Modules
- Certified Nursing Assistant (Adult)
- Sterile Processing Distribution Technician
- Pharmacy Technician
- Anatomy and Medical Terminology
- Intro to Alternative Medicine
- Kinesiology and Sports Medicine
- Physical Therapy Aide
- Dental Assisting for High School Students
- RDA and Dental Assisting (Adult)



### Animal Science Pathway

- Pet Health and Grooming
- Advanced Pet Health and Grooming
- Veterinary Assistant
- Veterinary Science



### Health Care Administrative Services Pathway

- Health Unit Coordinator
- Medical Front Office



### Emergency Care Pathway

- Emergency Medical/First Responder
- Emergency Medical Technician



[www.socalroc.com](http://www.socalroc.com)

2300 Crenshaw Blvd, Torrance Ca 90501



SoCalROC



SOCAL  
ROC



# GET A JUMPSTART ON YOUR FUTURE *at SoCal ROC*

## SCHOOL OF ART AND DESIGN



### Design, Visual, and Media Pathway

- Intro to 3D Modeling and Animation
- 3D Character Design and Animation
- Advanced Character Design and Animation
- Creature Sculpting
- Advanced Creature Sculpting
- Adobe Photoshop
- Adobe Illustrator



### Game Design and Integration Pathway

- Intro to 3D Game Video Game Design
- Video Game Design: Characters and Special Effects



### Fashion Design and Merchandising Pathway

- Fashion Design
- Advanced Fashion
- Fashion Design Production
- Fashion Production I
- Fashion Production II



[www.socalroc.com](http://www.socalroc.com)

2300 Crenshaw Blvd, Torrance Ca 90501



SoCalROC




Would you like to jump start your future career as a game developer or game tester? Enroll in SoCal ROC's 3D Game Design! Want to learn 3D animation skills that can be applied across a wide range of industries from education, medicine, engineering, architecture, or film, video, and gaming industries? Try out our 3D Modeling & Animation course! Interested in learning how to create designs for logos, corporate and brand identity, movie posters, music album covers, graphic t-shirts, and character art? Complete our Media Design program! All SoCal ROC Art & Design courses are only 2 days a week now! Choose from the courses below:

- Intro to 3D Game Design – T/Th, 4:15pm-7:00pm
- Intro to 3D Modeling & Animation – M/W, 4:15pm-7:00pm
- Media Design I (Photoshop) – M/W, 4:15pm-7:00pm, Hybrid

Media Design II (Illustrator) – T/Th, 4:15pm-7:00pm, Hybrid


Earn high school A-G approved credits, while learning valuable skills that prepare you for college and/or an entry-level career! Courses are after school and FREE for high school students! We also offer free transportation to and from SoCal ROC. Add your name to the sign-up sheet in your Counseling Office to meet with your SoCal ROC career guidance specialist or contact her at [rpcontreras@scroc.k12.ca.us](mailto:rpcontreras@scroc.k12.ca.us) or 310-224-4240 for more information ASAP!



# WHY ENROLL?


*at SoCal ROC*

## HIGH SCHOOL STUDENTS





### Explore Career Fields & Earn Certifications

- Earn Elective Credit and many courses are UC/CSU A-G approved
- Gain hands-on experience and familiarize yourself with industry environments and equipment
- Gain a competitive advantage on college and job applications by earning industry certifications



### Afterschool Classes

- Classes are designed to accommodate your schedule
- Days: (M-Th) (M/W) (T/Th)
- Time: 1:15pm, 4:15pm, and 7:00pm classes




### Free Tuition, Materials, & Transportation

If your school is a part of one of the six districts listed:  
IUSD, ESUD, MBUSD, PVPUSD, RBUSD, or TUSD


- Transportation available for 1:15pm and 4:15pm classes
- Students who choose to use HopSkipDrive will be picked up and dropped off at their high school
- Not a part of our JPA districts? Not a problem, you can still enroll by paying out of pocket or by contacting South Bay Workforce Investment Board (SBWIB) and/or Department of Rehabilitation (DOR) for financial support

## ADULT STUDENTS






### Short-Term & Flexible Industry Training

- The flexibility, affordability, and hands-on application to help you land a job and start a career
- Days: (M-Th) (M/W) (T/Th)
- Time: offer morning, afternoon, and night classes



### Graduate Workforce Ready


- State or National Certifications Available
- Opportunities to gain on-the-job experience with local businesses and medical and dental offices



### Potential Financial Support

- For financial support contact our partners: South Bay Workforce Investment Board or Department of Rehabilitation
- Find out more about SoCal ROC's "SoCal Workforce Reimbursement Program" (Adult Only) by visiting [www.socialroc.com](http://www.socialroc.com) or calling registration


**Contact Your Assigned Career Guidance Specialist**



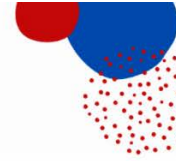
RBSUD | TUSD  
Ana Briseno  
P: (310) 224-4239  
E: [ABriseno@scroc.k12.ca.us](mailto:ABriseno@scroc.k12.ca.us)

ESUD | MBUSD | IUSD | PVPUSD  
Rocio Pineda-Contreras  
P: (310) 224 4240  
E: [RContreras@scroc.k12.ca.us](mailto:RContreras@scroc.k12.ca.us)

**Contact Registration**



Registration  
P: (310) 224-4200  
E: [info@scroc.k12.ca.us](mailto:info@scroc.k12.ca.us)



# ASSISTEENS<sup>®</sup>

TRANSFORMING LIVES AND  
STRENGTHENING COMMUNITIES

**Join Us For Our  
Membership Information Event**  
Saturday, January 27, 2024 11:30am - 1:30pm  
or Tuesday, February 6, 2024 7:00pm - 8:00pm

**A volunteer organization for young ladies and men  
who will be rising 7th-11th graders in 2024-2025**

## **BECOME PART OF A TRADITION**

SERVING THE SOUTH BAY SINCE 1936

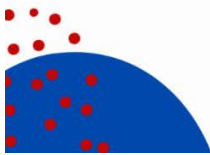
**ASSISTEENS IS A CERTIFYING ORGANIZATION FOR THE  
PRESIDENTIAL SERVICE AWARD. OUR MEMBERS WORK  
TOGETHER TO FOSTER A SENSE OF PERSONAL AND COMMUNITY  
RESPONSIBILITY WHILE DEVELOPING POISE, SELF-RELIANCE,  
PUBLIC SPEAKING, AND LEADERSHIP SKILLS THROUGH  
PHILANTHROPIC ENDEAVORS.**

**RSVP by 1/22/24 to**

**[AssisteensMemberships@gmail.com](mailto:AssisteensMemberships@gmail.com)**

**Assistance League Chapter House  
1441 West 8th St., San Pedro**

Assisteens is not related to, endorsed by, or sponsored by the  
Palos Verdes Peninsula Unified School District





**WITH YOUR SUPPORT AND GENEROSITY,  
OUR STUDENTS RECEIVE AN EXCELLENT EDUCATION!**

California ranks among the lowest in the nation in public school funding. With the passage of Prop. 13 in 1978, the funding methods for education in California were turned upside down. Now, after all this time, our public schools remain underfunded.

*Your donation to PEF funds critical programs, staff and teachers that strengthen the academic journey of all PV High students:*

- COUNSELORS
- STEM PROGRAMS
- TEACHER GRANTS
- COLLEGE AND CAREER CENTER STAFF
- HIGH SCHOOL SCIENCE FAIR
- AND MORE!

Our goal is 100% family participation.  
Please donate at whatever level is possible for you.  
**Every donation makes a difference!**



attendance  
**MATTERS**

**ATTENDANCE PROCEDURES:**

Parents / guardians should notify the Attendance Office  
within 72 hours to clear a student's absence.

The office message machine can be reached 24 hours a day  
at 310-378-8471 OR you may contact our attendance clerk  
directly by phone or email:

Lisa Kastelan: 310-378-8471 x43202  
[kastelan@pvpusd.net](mailto:kastelan@pvpusd.net)

Palos Verdes High School | Website



Palos Verdes High School | [600 Cloyden Road, Palos Verdes Estates, CA 90274](#)

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